# Esotropia/Exotropia and Amblyopia

# Children's Special Health Parent's Sheet

#### Description

- 1. Esotropia is a convergent misalignment (eye turns inward) of the visual axes which is usually based on age of onset or underlying cause
  - a. <u>Infantile or congenital esotropia</u> is used to describe infants who have become esotropic by 6 months of age and is associated with abnormal development of binocular visions. Infants frequently have <u>intermittent</u> ocular misalignment during the first 3 months of life, which is normal.
  - b. <u>Accommodative esotropia</u> will usually have an onset between the ages of 6 months and 7 years. The onset may be associated with illness, fever, or minor trauma.
    Accommodative esotropia is frequently a sequel to infantile esotropia.
  - c. Other forms of esotropia can be caused by sixth nerve paresis which can be a sudden onset after birth and the esotropia is greater at distance than near. Duane syndrome is caused by the congenital absence of sixth nerve nucleus and abduction is impaired or absent. It can occur in neurological diseases including Chiari malformation, hydrocephalus, tumors, and meningitis, plus after head trauma
- 2. Exotropia is a divergent misalignment (eye turns outward) of the visual axes and is characterized by the frequency of the deviation. Onset is in early childhood (usually before the age of 3) and the condition is commonly intermittent. The deviation often becomes manifest at times of fatigue, visual inattention, or illness. Sensitivity to light with closure of the deviating eye (squinting) is frequent.
- 3. Amblyopia is a disorder of visual development that is caused by an optical, physical, or ocular alignment defect during early childhood.

## What services will CSH cover?

- Only **providers** listed on the Eligibility Letter will be paid
- Labs/Tests must be performed by a Wyoming Medicaid provider
- Well Child Checks (coverage limited to Pediatrician) according to AAP Periodicity Schedule
- Medications
  - None
- Equipment/Supplies
  - Eyeglasses (Not for refractive errors only)

Contact CSH for questions regarding additional medication and/or equipment/supplies

### Minimum requirements for coverage to continue with CSH:

- Compliance of medical care and care coordination
- Annual review with Public Health Nurse, financial eligibility
- Please keep your Public Health Nurse informed of any changes throughout the year for example: address, provider, diagnosis and/or insurance coverage
- Keep in contact with the local Public Health Office for additional requirements





